

Subject : PSHE			Year 7 Curriculum Map			
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
What am I learning?	We start with the unit of Personal and Mental wellbeing where students to understand who they are as individuals and how this influences their personality.	We continue with the unit of Personal and Mental Wellbeing with a focus on their emotions and understanding how emotions can affect their behaviour.	We move onto the SRE unit where we start to discuss the different forms of relationships that we have in our lives from family to friends.	We continue with the SRE unit where we focus on the biological changes such as puberty and what the law says about sex.	We finish off with Physical Health and Social Education. In this unit we look at the importance of looking after the body and the negative impacts of smoking and drugs	We continue with this unit and focus on the importance of being a good person to the people around us. This includes how to communicate.
Why am I learning this?	Students need to understand their identity and be able to confident in knowing who they are but also being able to meet others that may be different to them and still coexist in society.	Students need to know how to identify and regulate their emotions in different situations. Students are able to discuss these emotions in a calm and nurtured environment.	Students need to know the foundations of different relationships understanding what a healthy vs unhealthy relationship is	Students need to know how their bodies change over time but students also need to know the myths and truths about sex and what the law says about it.	Students need to understand the impact of drugs/smoking and vaping so they can make informed choices on how they look after their bodies.	Students are always going to need to communicate and give feedback, it is important they know how to do this without offending others.
How will I be supported?	Interactive tasks Discussions Modelling of tasks	Interactive tasks Discussions Modelling of tasks	Interactive tasks Discussions Modelling of tasks	Interactive tasks Discussions Modelling of tasks	Interactive tasks Discussions Modelling of tasks	Interactive tasks Discussions Modelling of tasks
How will I be challenged?	Wider reading Higher level thinking	Wider reading Higher level thinking	Wider reading Higher level thinking	Wider reading Higher level thinking	Wider reading Higher level thinking	Wider reading Higher level thinking



Subject : PSH	IE		Year 8 Curriculum Map				
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
What am I learning?	We start with the unit of Personal and Mental wellbeing where they continue to build on identity but with a focus on their roles and responsibilities as they get older	We continue with the unit of Personal and Mental Wellbeing with a focus on anger and stress and different strategies to deal with these emotions.	We move onto the SRE unit which goes into more depth on close relationships, unhealthy relationships and the concept of sexuality	We continue with the SRE unit in which we explore deeper into consent, grooming and sexting ensuring students are aware of how these impact relationships	We finish off with Physical Health and Social Education. In this unit we go deeper into understanding the impacts of drugs and how it leads to addiction.	We continue with this unit and focus on the social aspect where we discuss stereotypes, laws to protect people, human rights and democracy and voting.	
Why am I learning this?	Students need to know what their roles and responsibilities are so when they leave school, they know what society expects of them.	Students often go through emotions; anger and stress being one of them. It is important for them to know how to regulate and cope with these emotions.	Students learn about the type of relationships they will come across in their lives and they should be able to know whether these are healthy or not.	Students need to know about these types of literacy that is used in relation to relationships and sex. It is important for them to know what they mean.	Students need to know the importance of the long-term effects of drugs/alcohol so they are able to make informed choices in relation to their health.	Students need to know the different laws that are there to protect them. Students also need to know about voting so they can make informed decisions.	
How will I be supported?	Interactive tasks Discussions Modelling of tasks	Interactive tasks Discussions Modelling of tasks	Interactive tasks Discussions Modelling of tasks	Interactive tasks Discussions Modelling of tasks	Interactive tasks Discussions Modelling of tasks	Interactive tasks Discussions Modelling of tasks	
How will I be challenged?	Wider reading Higher level thinking	Wider reading Higher level thinking	Wider reading Higher level thinking	Wider reading Higher level thinking	Wider reading Higher level thinking	Wider reading Higher level thinking	



Subject : PSF	HE Year 9 Curriculum					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
What am I learning?	We start with the unit of Personal and Mental wellbeing where students will learn how to build their confidence/self- esteem to help the navigate through changes	We continue with the unit of Personal and Mental Wellbeing where students discuss the concept of mental illness and where/when to give and get help.	We move onto the SRE unit where continue to discuss the ideas around sexuality. Within this we also focus on the rights and responsibilities in romantic relationships	We continue with the SRE unit where we move further into deeper discussions in relation to STIs, sexual health clinics, pregnancy and contraception.	We finish off with Physical Health and Social Education. In this unit we focus on the impacts of social media on body image that then leads us onto discuss eating disorders.	We continue with this unit and focus on media and the idea of fake news and how it can lead to radicalisation. We also discuss our responsibility online.
Why am I learning this?	It is important for students to know how they can cope through the different changes that they may face in the different stages of life.	Students need to discuss signs and symptoms of mental illness which they may deal with in life. It is important they know where to go for help.	Students learn about the type of relationships they will come across in their lives and they should be able to know whether these are healthy or not.	Students need to understand the different consequences and responsibility of making choices without being correctly informed.	Students are able to discuss the dark side of social media and how it can lead to things such as body dysmorphia and eating disorders.	Students need to know their rights and responsibilities online and the issues and impact of spreading false information online.
How will I be supported?	Interactive tasks Discussions Modelling of tasks	Interactive tasks Discussions Modelling of tasks	Interactive tasks Discussions Modelling of tasks	Interactive tasks Discussions Modelling of tasks	Interactive tasks Discussions Modelling of tasks	Interactive tasks Discussions Modelling of tasks
How will I be challenged?	Wider reading Higher level thinking	Wider reading Higher level thinking	Wider reading Higher level thinking	Wider reading Higher level thinking	Wider reading Higher level thinking	Wider reading Higher level thinking

