

Fortnightly

Edition 7

March 8, 2024

CELEBRATING INTERNATIONAL WOMEN'S DAY: INSPIRE INCLUSION

Every year on March 8th, we come together to celebrate International Women's Day—a day dedicated to honoring women's achievements, raising awareness about gender disparities, and promoting global support for women's rights. This year, in 2024, the theme for International Women's Day is 'Inspire Inclusion.'

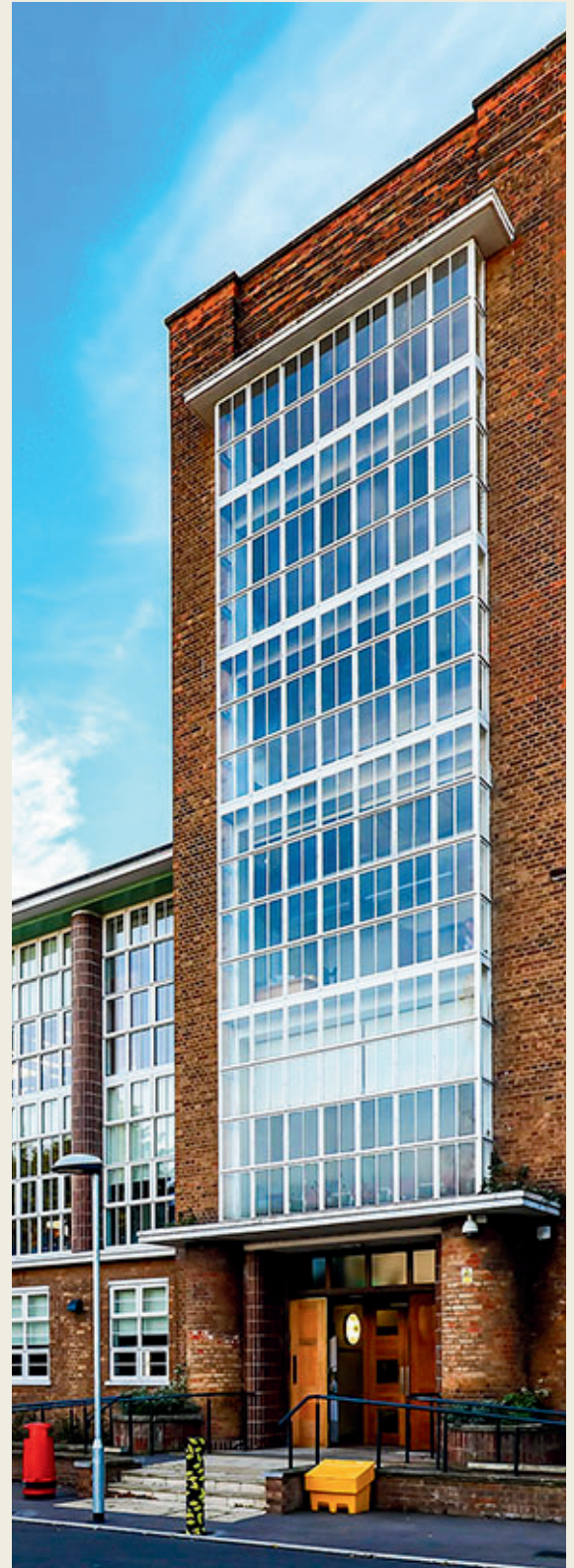
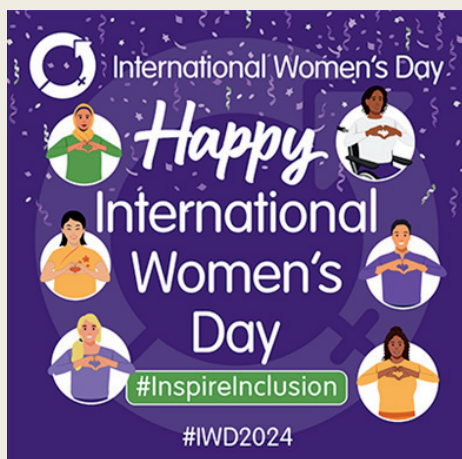
The theme 'Inspire Inclusion' highlights the significance of recognizing diversity and empowerment in all spheres of society. It underscores the pivotal role of inclusion in advancing gender equality and creating a more equitable world for all.

When we inspire others to understand and value women's inclusion, we contribute to the creation of a better world.

When women themselves are empowered and included, they experience a sense of belonging, relevance, and empowerment that fuels positive change and progress.

As a community, let us collectively commit to fostering a more inclusive world for women. Let us celebrate the accomplishments of women, challenge gender stereotypes, and advocate for gender equality in all aspects of life.

On this International Women's Day, let us stand together in solidarity, inspire inclusion, and continue working towards a future where every woman and girl has the opportunity to thrive and fulfill her potential.



*Keep up-to-date with
upcoming events at HHA*



Upcoming Events

Friday, 8th March: World Book Day

Thursday, 14th March: Year 8 Parents' Evening and Pi day

11th-15th March: Science Week

25th - 29th March: Rewards Assemblies & Breakfast

1st - 15th April: EASTER BREAK

Tuesday, 16th April: The first day of Summer Term 2024

Thursday, 26th April: Year 7 Parents' Evening

Friday, 3rd May: PTA Afternoon Tea

27th - 31st May: HALF TERM

Friday, 28th June: Year 11 Prom

PARENTS' EVENING REMINDER

Booking slots for **Year 8 Parents' Evening** are now open on Arbor. These slots will be available until 12pm on Thursday, 14th March 2024.

We encourage you to book your preferred times as soon as possible to ensure you secure a meeting with your child's teachers.

Your active participation is crucial for your child's academic progress, and we look forward to discussing their achievements and areas for growth together.



CELEBRATING GOOD BEHAVIOR AT HERON HALL

Good behaviour is the foundation of learning and so it's really important that it's a feature we get right at Heron Hall. All of our students have the right to learn in meaningful and calm classrooms, corridors and playgrounds and our teachers have the right to have room to impart their knowledge without barriers.



I know that as parents you want your children to excel, progress and succeed and I personally want to thank you for all of the support you offer at home as it's clearly making a massive difference to behaviour at the school. Thank you, Thank you, Thank you!

I am so pleased to report that last half term almost 500 of our students received 0 behaviour points which is a remarkable achievement made possible through the hard work of our students and their families to ensure that the schools STRIVE ethos is being demonstrated at all times. These students will and have been rewarded through a variety of reward trips that have taken place across year groups.

It is also worth noticing that 600 of our students were deemed of no concern due to a limited number of behaviour points and generally excellent conduct.

We still continue on our behaviour journey and STRIVE to work hard with our students and their families to manage behaviour positively across the school. We are now termly giving Bronze, Silver, Gold and Platinum reward badges to all students who are consistently getting it right and these reward badges signpost students to peers and staff as students who are working hard and doing the right thing!

Will your child come home with one on their blazer lapel? We hope so!

Mr Corey
Assistant Headteacher (Behaviour for Learning)

STAYING CONNECTED: ENHANCING HOMEWORK MONITORING

We are fully committed keeping you fully informed about the homework assigned to your children. We believe that this connection between home and school is paramount for the success of our students. Research consistently demonstrates the significant impact of collaborative efforts between schools and families in overseeing homework completion.

Studies have shown that such collaboration can lead to an additional academic advancement of up to 10 months for students. This underscores the importance of our partnership in maximizing your child's academic achievements throughout their time at Heron Hall Academy.



We are excited to introduce Satchel One, our new homework platform for all students. With Satchel One, you will have the opportunity to monitor the homework assignments given to your child directly. This transparency not only keeps you informed but also empowers you to support your child effectively in their academic journey. This week we had over 200 homework set on Satchel One.

We encourage you to engage with your child regularly about their assignments. By staying involved, you can provide valuable assistance and encouragement, ensuring that homework tasks are completed promptly and effectively.

In the event that your child encounters any difficulties logging into Satchel One, we kindly ask them to inform their form tutor promptly for assistance. Additionally you can use the link below to access the 'Learning at Home' page which gives you more details on how to log on to Satchel One and check your children's homework.

<https://www.heronhallacademy.org.uk/learning-at-home>

Homework Expectation:

Years 7, 8 and 9 - 1 piece per week

Years 10 and 11 - 1 piece per week and 1 targeted revision

Year 12 - 1 piece per week, 1 targeted revision and 1 further reading /activity

EMPOWERING SIXTH FORM STUDENTS: NATIONAL INTERVIEW WEEK



As part of Your Game Plan's National Interview Week Initiative, all sixth form students were afforded the opportunity to develop their employability skills and be given first hand experience of what it is like to undertake a job interview. The initiative aims to foster pupil confidence at interview and provides young people with access to mentors to further their personal development.

Students undertook their 'mock interviews' with a range of different industry professionals who have all been specifically trained to support students to develop core skills needed to be successful during interviews.

Students were asked a range of questions which required them to think about and eloquently articulate their career aspirations and where they would like to see themselves in the next 5-10 years. All students were supported during form time activities to prepare for some of the questions that would be posed. Activities included discussions and examples about what makes a good interview and key skills that employers look out for.

Your Games Plan's interview initiative forms part of the sixth forms careers education, information, advice and guidance (CEIAG). The sixth form CEIAG programme supports students to ensure that they enhance and develop key industry skills necessary for employment. In addition, students are supported to have a clear understanding of what their next steps are once completing their A-Levels. This can include employment, apprenticeships or higher education and university.

CELEBRATING THE JOY OF READING: HERON HALL'S BOOK SWAP EVENT

Heron Hall Academy hosted a spectacular and immensely successful book swap event today, drawing in the enthusiasm of approximately 60 students. The event was a testament to the vibrant literary culture thriving within the school's community.

Throughout lunchtime, students eagerly engaged in the exchange of literary treasures, swapping beloved books, and discovering new favourites. The atmosphere buzzed with excitement and anticipation as participants browsed through the diverse selection of titles, ranging from classic literature to contemporary bestsellers.

In conclusion, Heron Hall Academy's book swap event was a resounding success, leaving a lasting impact on participants and reinforcing the importance of literature in fostering connections, promoting sustainability, and enriching lives. The event beautifully showcased the school community's shared passion for literature and spirit of collaboration.

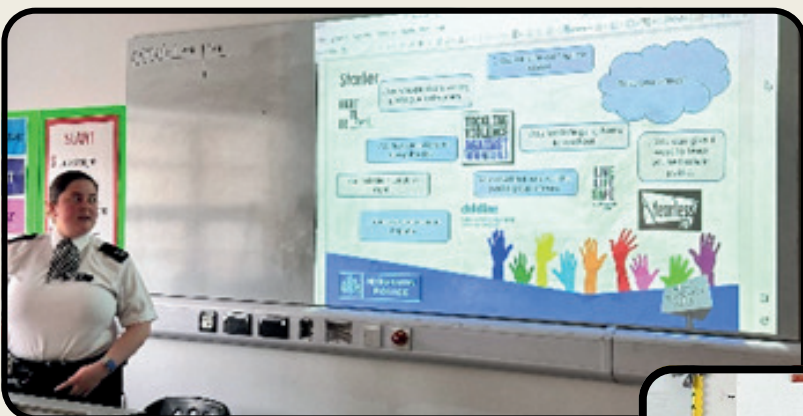


MET POLICE VIOLENCE AGAINST WOMEN AND GIRLS WORKSHOP

A group of 25 Year 10 girls took part in a workshop on Violence Against Women and Girls (VAWG) with the MET police. Kayleigh Souster, our Safer Schools police officer led an introductory activity where they explored different scenarios and discussed the observed behaviours and the impact on those involved. The girls were open and honest and reflected on their personal experience.

Leon Christodoulou, who has an Inspector role within the service explained about his career pathway in the MET police and discussed his core values. NCW signposted girls to the recruitment outreach team, and the different routes in and possibility of degree apprenticeships. A wide range of different roles within the police service, uniform officer, detective, PCSO, police staff roles, like forensics.

Anna, spent 18 years in job, and the last 3 years in Edmonton. Currently, Anna is running operations in the local area to reduce cases of sexual offences, as well as violence and robberies. There was a really honest and open discussion around why the girls do not feel safe in certain situations within the community and trust in the police. The girls were reminded about reporting to trusted adults at home, teachers at school and support agents and in their local area.



NATIONAL CAREERS WEEK AT HERON

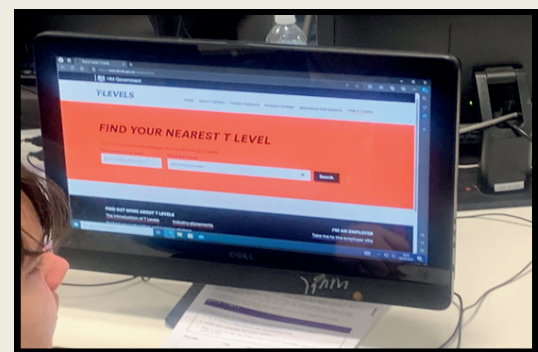
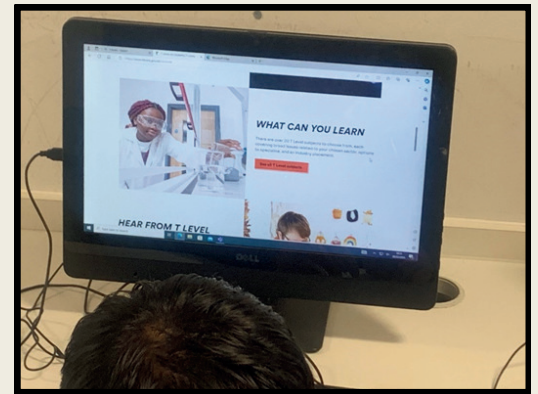
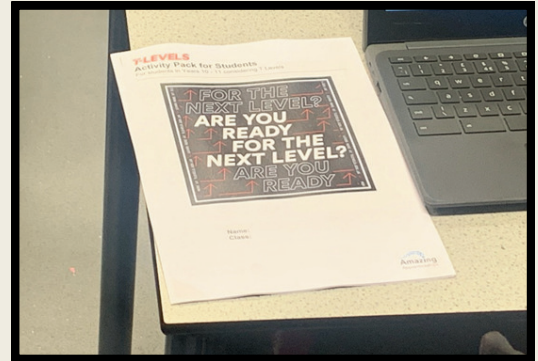
During Apprenticeship week Heron Hall Academy celebrated the fantastic work and opportunities that are open to those undertaking apprenticeships. All students undertook a range of engaging form time activities that helped them to gain knowledge, skills and understanding relating to apprenticeships and Post 16 and Post 18 options.

In addition to these activities, our Year 10 students participated in a comprehensive Careers Education, Information, Advice, and Guidance Workshop, focusing specifically on apprenticeships and the exciting new Post-16 qualification known as T-Levels.

T-Levels represent an innovative alternative to traditional A-Levels or apprenticeships, offering students a specialised, technical-based education developed in close collaboration with employers and businesses.

During the workshop, students delved into the various subjects offered through T-Levels and gained a deeper understanding of the skills, attributes, and qualities required to excel in these fields. T-Level qualifications are carefully crafted to meet industry demands, ensuring that students graduate equipped with the practical knowledge and experience needed to thrive in the workforce or pursue further training and study.

At Heron Hall Academy, we are committed to providing our students with a comprehensive understanding of the diverse pathways available to them beyond secondary education. By fostering awareness and exploration of options such as apprenticeships and T-Levels, we empower our students to make informed decisions about their future, enabling them to pursue fulfilling and successful careers aligned with their interests and talents.



HERON HALL FOOD BANK: SUPPORTING FAMILIES IN NEED

Through the dedication and generosity of our school community, we have expanded our storage facilities to accommodate a wider range of dried food goods, allowing us to provide assistance to more families in need.

The Heron Hall Food Bank is centrally organized and operated from the main school office. However, we are especially proud to introduce a group of Year 9 student leaders who have taken on key responsibilities to ensure the smooth running of the food bank such as:

- .. Regular stock takes*
- . Organise for donations to be collected*
- . Keep the food bank stocked up with on date items*
- . Keep storage space clean and tidy.*



We understand that times may be challenging for some families, and we want to assure you that support is available. If you believe that you could benefit from the

services of the Heron Hall Food Bank, please do not hesitate to reach out to the school office. Your privacy and dignity will be respected, and all requests for assistance will be handled with care and confidentiality.

HHA PTA ONLINE PRELOVED UNIFORM SHOP....COMING SOON

We are excited to announce the upcoming launch of the Heron Hall Academy Online Preloved Uniform Shop, an initiative aimed at providing a convenient and sustainable solution for uniform needs within our school community.



The launch of the Online Preloved Uniform Shop aligns with our commitment to fostering a culture of sustainability and resourcefulness at Heron Hall Academy. It also reflects our dedication to supporting families by providing practical solutions to everyday needs.

Stay tuned for further details on how to access and participate in the Online Preloved Uniform Shop. We look forward to your engagement and support in making this initiative a success for our school community.

ENCOURAGING YOUR CHILD'S LEARNING: INSIGHTS FROM THE RECENT PTA MEETING

Homework and independent study skills were the hot topics for discussion at the recent PTA meeting on Wednesday 28th February, led by Madam Walters. It was great to see so many of our parent community engaged in thinking about how they can best support their child at home.



Homework

At HHA, we are having a 'big push' on homework. Regular homework supports your child's learning by helping them to know more and remember more. It also helps with their time-management, organisation and self-discipline. These are vital life skills. Homework helps to enrich our curriculum, giving students a fuller understanding of the subjects and topics studied.

- Year 7, 8 and 9 students should receive 1 piece of homework a week, per subject.
- Years 10 & 11 will also receive this plus a piece of targeted revision per subject, per week.
- For the 6th Form, students can expect this plus a further reading/research activity per subject. All homework is set and recorded on Satchel One.

Please check and ensure your child has logged in and is completing the homework set. Teachers are focusing on rewards for excellent homework.

To support further, encourage your child to attend homework club in the library.

- 3.30-4.30 pm on Mondays (Years 7, 8 & 9),
- 3.30-4.30 pm on Wednesdays (all year groups welcome)
- 3.30-4.30 pm on Fridays (Years 10,11 and 12).



Encouraging Your Child's Learning: Insights from the Recent PTA Meeting cont

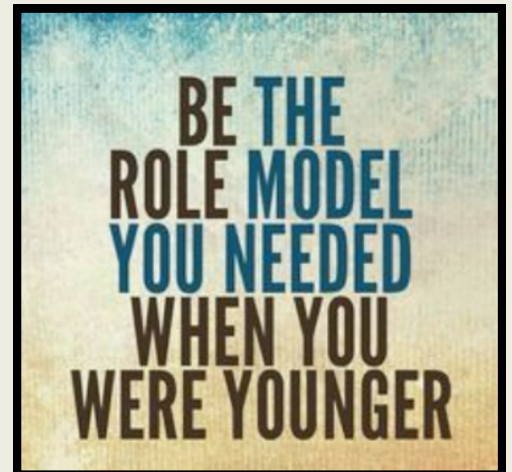
Study Skills

HHA also gave parents some 'top tips' on supporting your child to study at home. These included:

- Helping them to schedule regular revision times around your household routines; this might include giving jobs to other siblings so they don't distract!
- Providing access to a quiet study space – this could involve making use of the local library
- Have positive interactions with them – try to be their 'cheerleader'!
- Build in time for fun, relaxation, fresh air and exercise
- Encourage a healthy diet & a regular bedtime (we know they are teenagers!)
- Give them a chance to recite, repeat and practice their learning. You could even 'act' as the student and encourage your child to talk through their subject knowledge
- Help them to set goals
- Consider 'unplugging' and limiting screen time.

Finally, the school buys a number of online platforms that your child has access to. These include Sparks, MathsWatch GCSEpod, Seneca and Everlearner. Please ask your child about these and to show you how they have been using them.

We understand the pressures young people face today but hope you can see everything the school is doing to support and help them do their best. We know exams, and the build-up to them, can be a tough period for parents too! Supporting and guiding your child to study at home really can make a big difference to their grades and their future!



Year 11 Prom - MASQUERADE BALL

As the academic year progresses, we find ourselves approaching a significant milestone - the culmination of five years of hard work, growth, and unforgettable memories with our Year 11 students.

It is with great excitement that we announce the upcoming Year 11 Prom, a celebration marking the end of an era and the beginning of new adventures. The prom will be taking place on Heron Hall's premise on Friday 28th June, 2024.

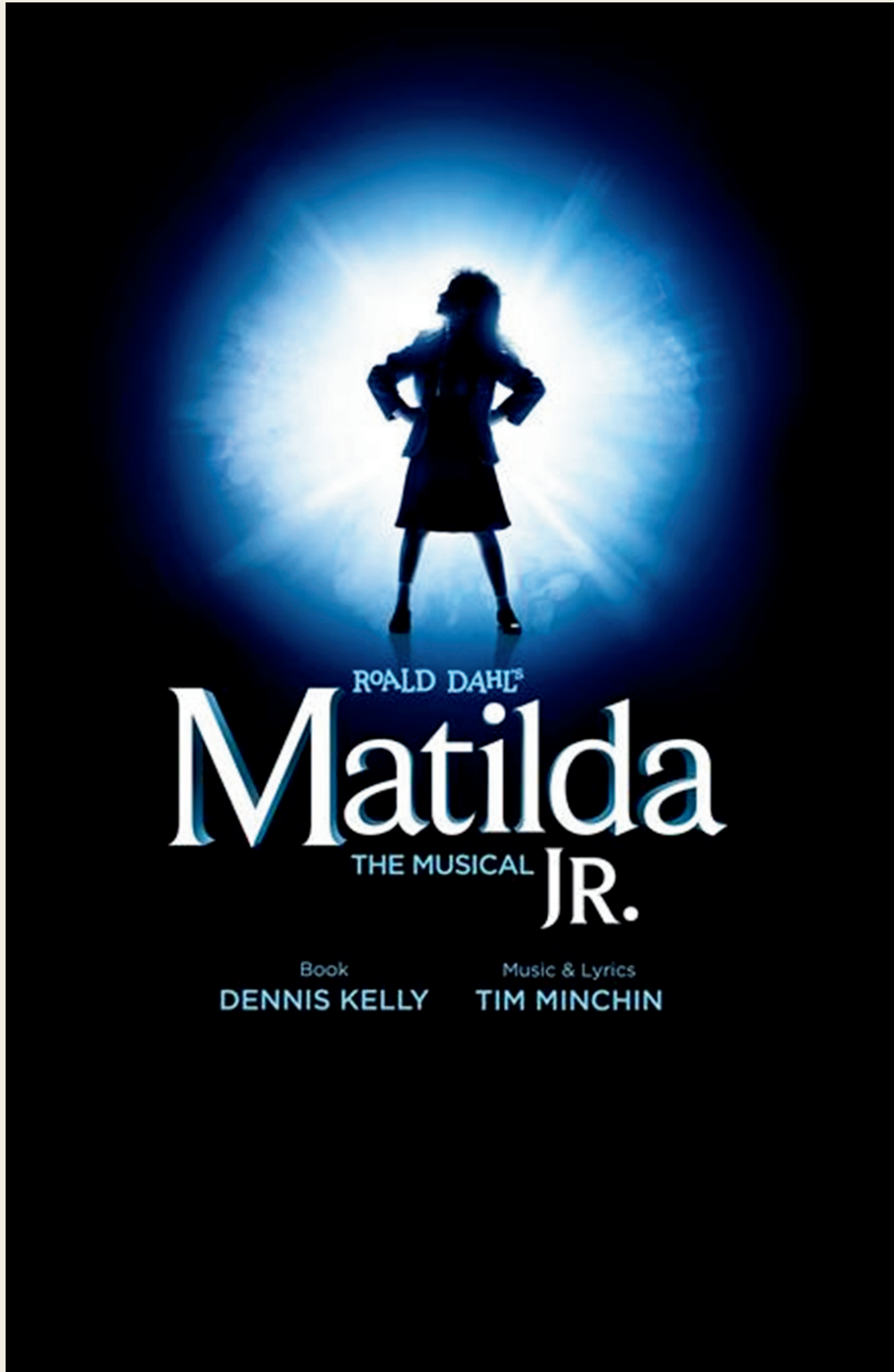


Prom promises to be a memorable evening filled with laughter, dancing, and camaraderie, set against the enchanting backdrop of our Masquerade Ball theme.

To ensure the success of this event, we kindly ask for your support in our fundraising efforts. Our students are actively working towards covering the costs associated with Prom, and any contributions in the form of funds, food, or decorations would be greatly appreciated. If you would like to contribute in any way, please reach out to Madam Chalmers at cchalmers@northstartrust.org.uk.

More details regarding ticket purchases and event timings will be provided in the near future. We look forward to celebrating this milestone with our Year 11 students, as we bid farewell to one chapter and eagerly anticipate the next.

Thank you for your continued support.



ROALD DAHL'S
Matilda
THE MUSICAL
JR.

Book
DENNIS KELLY

Music & Lyrics
TIM MINCHIN



TUNE UP! DOUBLE BASS

ENFIELD MUSIC SERVICE

To encourage more pupils to learn to play the Double Bass, Enfield Music Service are offering new pupils fully funded lessons for the Spring and Summer terms at our after-school centre. Parents/carers only need to pay for instrument hire (£40 per term) until September 2024.

We're running taster sessions on **Monday 29th January** for pupils to find out more about the instrument and try playing one to see if they'd like to learn:

For primary school pupils in Years 4, 5 or 6

4:30 - 5:00pm

5:00 - 5:30pm

For secondary school pupils

5:30 - 6:00pm

6:00 - 6:30pm

Sessions will take place at
Enfield County Lower School
Rosemary Avenue, EN2 0SP

To book a spot, please email
robert.domingue@enfield.gov.uk



HEALTH AND WELLBEING



Stop smoking: access your personal quit plan today

National No Smoking Day takes place on 8 March 2024 and encourages members of the public to begin their journey to stop smoking. [The NHS Better Health website](#) offers support and advice on how to quit, what to expect during the days, weeks and months afterwards and an app to track your progress and see how much money you've saved. You also can take part in a very short survey to receive a [personal quit plan](#). Join others on the same journey, by connecting through online communities, support



Early Help Directory

Welcome to 'Enfield's Early Help Directory 4 All!' This directory brings together local and national services to support children, families, community members and practitioners.

[Early Help Directory](#)



Improve your health with free cycle training for adults

The Journeys and Places team offers [free cycle training for adults all year round](#). As Spring approaches, book a course with one of the experienced cycle trainers. Bike riding is an easy way to stay active and improve your health and if you don't have your own bike, the trainers can help arrange one for you. Family cycle training is also on offer, where adults and children can learn together in a safe environment. Whether you are just getting started or want to brush up your skills, there is a course for you.

Prioritizing Dental Hygiene for London Children



Improving dental hygiene among London children

Dental hygiene among London Children has deteriorated in recent years. It's really important to establish good dental hygiene habits from a young age. Children should be brushing their teeth twice a day for two minutes, with a fluoride toothpaste. Consider the amount of sugar in your child's diet, and if you choose to give sugary foods, these are best given at mealtimes. Take your child to the dentist when you go for your own check ups as this can help get them used to it, and make sure you keep on top of



Children's teeth

Find out how to look after children's teeth, including advice on brushing, toothpaste, establishing a routine and taking a child to the dentist for the first time.

[nhs.uk](#)

Young People Categories: Activities & Clubs

There are many different types of activities and clubs that can provide a fun outlet whilst helping expand your social network and build your confidence. Being part of a club not only helps you make...

Early Help Directory

Urgent mental health support - 24/7 crisis lines



Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
South West London	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590

Every mental health trust in London has put in place a 24/7 crisis line for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder (link below) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>

shout 85258

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required
Text "SHOUT" to 85258 or visit [Shout Crisis Text Line](#)

SAMARITANS

Samaritans 24/7 365 days a year - they are here to listen and provide support
Call: 116 123 or email: jo@samaritans.org

Crisis Tools

Crisis Tools helps professionals support young people in crisis - short accessible video guides and text resources
Sign up for free resources [here](#)

PAPYRUS

Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person
Call: 0800 068 41 41 or Text: 07860 039967 (opening hours 9am to midnight - 365 days a year)

childline

ONLINE, ON THE PHONE, ANYTIME
Childline confidential telephone counselling service for any child with a problem
Call: 0800 1111 anytime or [online chat with a counsellor](#)

Urgent and other support available

Good Thinking

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps

THE MIX

The Mix provides free, confidential support for young people under 25
Call: 0808 808 4994 (11am - 11pm every day) or [Email](#)

Beat

Beat provide support to help young people who may be struggling with an eating problem or an eating disorder
Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am - 8pm during the week and 4pm - 8pm on weekends and bank holidays)

kooth

Kooth is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine