

PARENTS' NEWSLETTER

Fortnightly

Edition 11

May 24, 2024

HEADTEACHER'S MESSAGE

Here we are already at half-term – this half term has flown by quickly. Our Year 11 students have now completed over 20 examinations. Student feedback has been positive, and the complex organisational arrangements for the exams have run smoothly.

Over the half-term holiday, it is important for our year 11 students to continue revising, but they should also ensure a healthy balance of relaxation and exercise to refresh their minds and bodies for the final push.

There have been many highlights over the past six weeks, including the Brilliant Club, the Community Cooking Project, and the UCAS support day. Next half-term will feature the usual array of activities and events, interspersed with the continued exam period. As we progress through the term, we will provide more details about **Year 6 transition, Sports Day, Cultural Day and Year 6 Summer School**.

As we return for the last half-term of the year, we kindly ask for your continued support with the school uniform policy. Students should be in full uniform and proper shoes. If you have any issues obtaining the correct uniform, please contact the school office.

Have a happy half-term.

Mr Barzey
Headteacher



*Keep up-to-date with
upcoming events at HHA*



Upcoming Events

Friday, 7th June: PTA Meeting

Friday, 28th June: Year 11 Prom

Friday, 5th July : Cultural Evening

4th - 5th July: Year 6 Transition days

Tuesday, 9th July: Sports Day

Friday, 19th July: Trip Day

Thursday, 25th July: Last day of the term

29th July - 2nd August: Year 6 Summer School

PTA Coffee Morning

- *Friday, 7th June*

Year 6 Transition

- *Thursday and Friday, 4th and 5th July*

Cultural Evening

- *Thursday, 4th July*

SAVE
the DATE

PARENT TEACHER ASSOCIATION (PTA) UPDATE

On May 10th, we held our Annual General Meeting (AGM) and elected the executive body of the PTA for 2024-2025. We are pleased to announce the following positions:

- **Chairperson: Clarissa Pilgrim**
- **Vice Chairperson: Charles Allen**
- **Secretary: Benson Tertullien**
- **Assistant Secretary: Sherene Graham (Acting)**
- **Treasurer: Steve Imoniche**



This year, our primary goal is to launch an online Pre-loved Uniform Shop on our new website, which will be available soon. Additionally, we aim to raise funds to support various initiatives within Heron Hall.

We are looking for parent volunteers to assist in translating letters into community languages to ensure clear communication for all parents. We also need volunteers to help patrol the areas surrounding the school at the end of the day to encourage students to head straight home.

If you would like to support any of these initiatives, please contact the school office.

Upcoming Events:

- **PTA Coffee Morning: 7th June 2024**
- **Positive Role Model (Male) Event: 19th June 2024**
- **Cultural Evening: 5th July 2024**

We look forward to your participation and support in making this a successful year for our PTA and Heron Hall community.

YEAR 10 BRILLIANT CLUB GRADUATION

A selected group of our year 10 students have successfully completed The Brilliant Club scholar's programme. The programme has allowed our students to work closely with a PhD Tutor, who is either studying to gain a PhD or already has one. They have studied a series of small group, university-style tutorials on a 'super-curricular' course which explored topics they may not usually study in the school curriculum.



Many of these researchers currently act as lecturers to students at university level, so it has been a unique opportunity for our students to experience university-style teaching. Students have worked hard to complete their final assignments, they were challenged them to work above their current key stage and were given a university grade.

We are very proud of our students who graduated at Oxford University.

Samuel Bempah
Salma Baheer
Maria Emine Olo
Hamza Hirey
Jasmine Prescott
Malikai Gordon
Idil Kaygusuz
Rhea Chapman
Anaiya Chambers
Mumtaz Ibrahim

YEAR 10 BRILLIANT CLUB GRADUATION

This group of students demonstrated excellence, determination, resilience and independence to achieve this success and we are enormously proud of them. Our students have walked away from the programme more inspired than ever and shared in their graduation speech that this experience has ‘raised our aspirations and contributed to the very fabric of our lives’.



***COMMUNITY COOKING PROJECT AT HERON HALL IN PARTNERSHIP
WITH BIG SPOON***

We are excited to share the success of our recent Community Cooking Project at Heron Hall, delivered in partnership with Sapna Jewtha-Chapman, owner of Big Spoon.

This initiative, supported by the North Star Trust Community Outreach Team, brought together students and their parents for a series of cooking sessions in our food technology rooms.

The sessions were designed to introduce healthy recipes, teach cooking on a budget, and encourage cooking from scratch. The aim was to provide valuable time for students and their parent or family member to develop and strengthen relationships away from the family home, alongside participating in a great cooking course.

The project was highly successful, with participants learning about healthy eating and preparing a wide range of meals using fresh ingredients. Some of the delicious dishes made included American pancakes, nutritious vegetable pasta, energy bars, and Thai green curry. Everyone had the opportunity to take home what they made and share it with their family.

We are thrilled with the positive feedback and the enthusiasm shown by both students and parents. Moving forward, we are exploring further opportunities to collaborate with Big Spoon to offer more enriching experiences for our students and their families. Thank you to everyone who participated and made this project a success!



PGL NETBALL TOURNAMENT

It was a wonderful experience to compete in the PGL Netball Tournament! Our Year 8 and Year 10 teams participated, staying away from home for two nights and three days, and competing against a wide range of schools. Both staff and students had the opportunity to meet people from various areas and experience playing against different ability levels, which not only inspired and motivated our pupils but also improved their own capabilities.

The tournament offered our students numerous chances to learn, bond, and grow. From the excitement and challenges of high-adrenaline activities to problem-solving, collaboration, and social interaction, our students gained maturity throughout the experience. They participated in a variety of activities through the 'Que&Do' program, which allowed them to choose their preferred activities and schedule. This choice was well-received and enjoyed by the pupils. Activities included rock climbing, the giant swing (a favourite among students and staff), abseiling, archery, and rifle shooting.

Overall, this trip was a fantastic opportunity for our children to push themselves and overcome any fears. Both teams performed admirably against some very experienced and established netball schools from across the country. **Our budding Year 8 team was competing for the first time in a national competition and was recognised as a team with great potential, one to watch in the future. Our Year 10 team performed exceptionally well against tough opponents and earned a well-deserved bronze medal.**

We would like to congratulate both teams for their hard work and dedication.



YEAR 12 MOCK EXAMS AND UCAS SUPPORT DAY



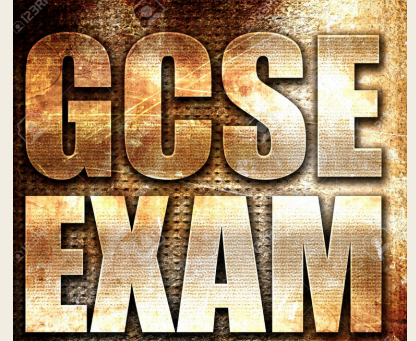
Year 12 students will sit their end of year mock exams the week commencing Monday 24th June – Friday 5th July. The final end of year exams will provide an opportunity to celebrate the learning, hard work, and progress that students have made throughout Year 12.

The mock exams will allow teachers to track student progress and identify what level students are currently working towards within that subject area. Teachers will be able to use this information to then target specific areas of the course that students may require more support with, or to create individualised learning plans for each student to enhance their strengths and further address their areas for development. The grades received from these examinations will additionally allow teachers to use them as a guide to begin to write student references for university.

All students studying a level 3 qualification (A-Levels or Health and Social Care Extended Diploma) will undertake a UCAS Preparation and Guidance Day on Friday 24th May. On this day all students will be off timetable and will be provided with support on how to complete the UCAS application form and how to write an outstanding personal statement. In addition, students will be made aware of key application deadlines for courses at either Oxford or Cambridge University and specialist courses such as Medicine or Veterinary Science.

YEAR 11 PARENTS: GCSE EXAM REMINDERS AND UPDATES

Thank you for your support for your child during their GCSE examinations. Attendance and morale have been high and students have been working very hard in their revision sessions as well. They have made a positive start!



A reminder that your child must arrive to all their exams with the correct equipment - black pens, pencils (for drawings only), rubber, ruler, maths equipment, scientific calculator, clear pencil case.

If your child has an exam clash, they will be given an individual schedule for that day.

Two important updates for you:-

- If you click on the 'policies' sections of our website and scroll to 'examinations', as well as some official guidance, you can find some really helpful tips and videos on surviving exam season, revision and beating exam stress. Your child's wellbeing is really important to their success, so we recommend you have a look. Please let us know if you have any concerns (page 10 has general advice on supporting your child during the exam season).

[Policies | North Star Community Trust Academies \(heronhallacademy.org.uk\)](#)
[Examination | Heron Hall Academy](#)

- We believe that students need and benefit best from continued contact with their teachers and also continuity of structure and routines. We therefore do not send students away on 'study leave' but instead design our own in-house revision programme for during the school day. This combines a mixture of normal lessons and bespoke revision sessions just prior to that exam (the schedule was sent to all year 11 parents on Friday). Please do contact the Year 11 team if you have any questions.

GCSE EXAM TIMETABLE FOR YEAR 11 STUDENTS



Date	Start Time	End Time	Exam
Mon, 03 Jun 2024	09:00	10:30	Maths Calculator
Mon, 03 Jun 2024	13:00	14:45	Citizenship Studies Paper 2
Mon, 03 Jun 2024	13:00	14:15	Physical Education Paper 2
Tue, 04 Jun 2024	09:00	09:45	Spanish Listening/ Reading
Tue, 04 Jun 2024	13:30	15:30	History Paper 2
Tue, 04 Jun 2024	13:00	14:30	Health and Social Ed3hsc: U7 Safeguarding
Wed, 05 Jun 2024	09:00	10:30	UK Geographical Issues
Wed, 05 Jun 2024	13:00	12:45	Health and Social Ce2hs: U2c H & S In Practice
Wed, 05 Jun 2024	13:00	14:45	Business Paper 2
Thu, 06 Jun 2024	09:00	10:45	English Language Paper 2
Fri, 07 Jun 2024	13:00	14:45	Biology Paper 2 Tier H
Fri, 07 Jun 2024	13:00	14:15	Combined Sci Trilogy Biology
Mon, 10 Jun 2024	09:00	10:30	Maths Calculator
Mon, 10 Jun 2024	13:00	14:15	Spanish Writing
Tue, 11 Jun 2024	09:00	10:45	Chemistry Paper 2
Tue, 11 Jun 2024	09:00	10:15	Combined Sci Trilogy Chemistry
Tue, 11 Jun 2024	13:00	14:45	Further Mathematics Paper 1
Wed, 12 Jun 2024	13:00	14:00	Portuguese Reading/ Listening
Fri, 14 Jun 2024	09:00	10:30	Geography People & Environ. Issues
Fri, 14 Jun 2024	13:00	14:45	Physics Paper 2
Fri, 14 Jun 2024	13:00	14:15	Combined Sci Trilogy Physics
Mon, 17 Jun 2024	13:00	14:30	Music: Listening And Appraising
Tue, 18 Jun 2024	09:00	10:00	Design And Technology Written
Tue, 18 Jun 2024	13:00	14:20	Portuguese Writing
Wed, 19 Jun 2024	09:00	10:45	Further Mathematics Paper 2

Year 11 Prom - MASQUERADE BALL

As the academic year progresses, we find ourselves approaching a significant milestone, the culmination of five years of hard work, growth, and unforgettable memories with our Year 11 students.

It is with great excitement that we announce the upcoming Year 11 Prom, a celebration marking the end of an era and the beginning of new adventures. The prom will be taking place on Heron Hall's premise on Friday 28th June, 2024.



Prom promises to be a memorable evening filled with laughter, dancing, and camaraderie, set against the enchanting backdrop of our Masquerade Ball theme.

To ensure the success of this event, we kindly ask for your support in our fundraising efforts. Our students are actively working towards covering the costs associated with Prom, and any contributions in the form of funds, food, or decorations would be greatly appreciated. If you would like to contribute in any way, please reach out to Madam Chalmers at cchalmers@northstartrust.org.uk.

More details regarding ticket purchases and event timings will be provided in the near future. We look forward to celebrating this milestone with our Year 11 students, as we bid farewell to one chapter and eagerly anticipate the next.

Thank you for your continued support.

HERON HALL FOOD BANK: SUPPORTING FAMILIES IN NEED

Through the dedication and generosity of our school community, we have expanded our storage facilities to accommodate a wider range of dried food goods, allowing us to provide assistance to more families in need.

The Heron Hall's Food Bank is centrally organized and operated from the main school office. However, we are especially proud to introduce a group of Year 9 student leaders who have taken on key responsibilities to ensure the smooth running of the food bank such as:

- Regular stock takes*
- Organise for donations to be collected*
- Keep the food bank stocked up with on date items*
- Keep storage space clean and tidy.*

We understand that times may be challenging for some families, and we want to assure you that support is available. If you believe that you could benefit from the services of the Heron Hall Food Bank, please do not hesitate to reach out to the school office. Your privacy and dignity will be respected, and all requests for assistance will be handled with care and confidentiality.



HHA PTA ONLINE PRELOVED UNIFORM SHOP....COMING SOON

We are excited to announce the upcoming launch of the Heron Hall Academy Online Preloved Uniform Shop, an initiative aimed at providing a convenient and sustainable solution for uniform needs within our school community.



The launch of the Online Preloved Uniform Shop aligns with our commitment to fostering a culture of sustainability and resourcefulness at Heron Hall Academy. It also reflects our dedication to supporting families by providing practical solutions to everyday needs.

Stay tuned for further details on how to access and participate in the Online Pre-loved Uniform Shop. We look forward to your engagement and support in making this initiative a success for our school community.

In the meantime, if you require any information or need to purchase uniform items before the launch, please don't hesitate to contact the main office. We are here to assist you in any way we can.



TUNE UP! DOUBLE BASS

ENFIELD MUSIC SERVICE

To encourage more pupils to learn to play the Double Bass, Enfield Music Service are offering new pupils fully funded lessons for the Spring and Summer terms at our after-school centre. Parents/carers only need to pay for instrument hire (£40 per term) until September 2024.

We're running taster sessions on **Monday 29th January** for pupils to find out more about the instrument and try playing one to see if they'd like to learn:

For primary school pupils in Years 4, 5 or 6

4:30 - 5:00pm

5:00 - 5:30pm

For secondary school pupils

5:30 - 6:00pm

6:00 - 6:30pm

Sessions will take place at
Enfield County Lower School
Rosemary Avenue, EN2 0SP

To book a spot, please email
robert.domingue@enfield.gov.uk



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UNDERSTANDING YOUR CHILD
SOLIHULL APPROACH

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- Reading others behaviours and different communication styles
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YOUNG PEOPLE...NEWS



Splash sessions and inflatables this half term

If you're looking to keep your little ones entertained during the upcoming May half-term holiday then we have plenty of activities on offer at our Better Leisure centres in Enfield. [Take a look at our Aqua Splash sessions](#), including our brand new inflatables at Southgate and Southbury Leisure Centres and our family fun and floats sessions across centres. Swimming is a great way to keep children fit and healthy whilst having lots of fun! All of our courses have been designed with children in mind. Plus, with so many courses available, there's something for every child.



Children's workshop: learn how to be a radio DJ

Hello pop pickers! Do you have a child who would make a great radio presenter or DJ? Dugdale Arts Centre (DAC) is hosting four, three-hour workshops where you can discover the world of DJing and radio presenting, where you will learn to DJ like a pro, host your own radio show and create catchy jingles. [Book your space now as demand is very high](#). The workshops area aimed at children aged 11+. For younger kids, there are lots of activities at DAC during half-term week including puppetry, arts and crafts and circus skills. Take a look at the [DAC What's On page](#).

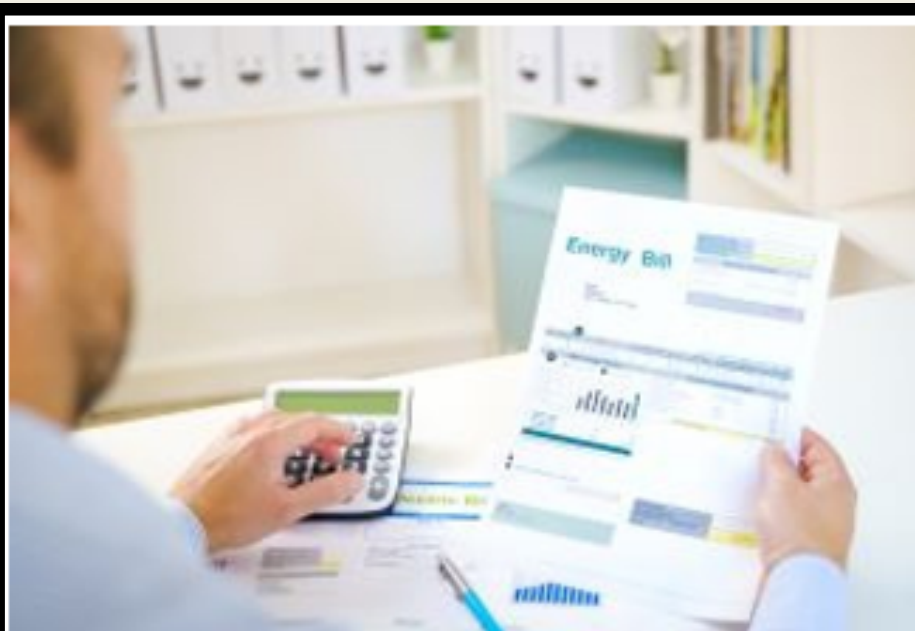


Early Help Directory

Welcome to 'Enfield's Early Help Directory 4 All' This directory brings together local and national services to support children, families, community members and practitioners.

 Early Help Directory

FINANCIAL HELP



Extension to Household Support Fund announced

A six-month extension to the Household Support Fund (HSF) has been confirmed by the government in the Spring Budget. More than 170 councils in England had called for the Chancellor of the Exchequer to extend the household support fund which was due to cease at the end of March, including Enfield Council. Enfield Council was concerned that without the HSF extension, families risked falling into crisis, homelessness, and poverty. Information on how the HSF works and the eligibility criteria can be found [on Enfield Council's website](#), which will be updated as more information is confirmed.



Young People Categories: Activities & Clubs

There are many different types of activities and clubs that can provide a fun outlet whilst helping expand your social network and build your confidence. Being part of a club not only helps you make...

Early Help Directory

Urgent mental health support - 24/7 crisis lines

Every mental health trust in London has put in place a **24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder (link below) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>



Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
South West London	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590

shout 85258

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required
Text "SHOUT" to 85258 or [visit Shout Crisis Text Line](#)

SAMARITANS

Samaritans 24/7 365 days a year - they are here to listen and provide support
Call: 116 123 or email: jo@samaritans.org

Crisis Tools

Crisis Tools helps professionals support young people in crisis - short accessible video guides and text resources
Sign up for free resources [here](#)

PAPYRUS

Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person
Call: 0800 068 41 41 or Text: 07860 039967 (opening hours 9am to midnight - 365 days a year)

childline

ONLINE, ON THE PHONE, ANYTIME

Childline confidential telephone counselling service for any child with a problem
Call: 0800 1111 anytime or [online chat with a counsellor](#)

Urgent and other support available

Good Thinking

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps

THE MIX

The Mix provides free, confidential support for young people under 25
Call: 0808 808 4994 (11am - 11pm every day) or [Email](#)

Beat

Beat provide support to help young people who may be struggling with an eating problem or an eating disorder
Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am - 8pm during the week and 4pm - 8pm on weekends and bank holidays)

kooth

Kooth is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine