

PARENTS' NEWSLETTER

Fortnightly

Edition 14

July 12, 2024

THIS YEAR IN REVIEW...REMINISCING

As the year draws to a close, we reminisce on the wonderful experiences our students enjoyed throughout the year. From exhilarating and educational trips to captivating and thought-provoking assemblies, it has been a year full of enrichment and growth.

Our students embarked on several educational trips, including an inspiring art trip to Kew Gardens, a visit to Bain Capital by Year 12 students, and an engaging Year 11 trip to Tate Modern. These excursions provided unique learning opportunities outside the classroom and fostered a deeper appreciation for the arts and business.

We were fortunate to host a variety of visitors who delivered fascinating, informative, and thought-provoking assemblies and workshops. Highlights included sessions led by Stephen Lawrences, Karen Allen, and the Metropolitan Police, each contributing to the students' understanding of important social issues and community involvement.

The PGL residential trips were another highlight of the year, with students participating in netball camps and the Year 11 team building and revision weekend. These experiences not only strengthened their athletic skills but also built camaraderie and enhanced their academic preparation.

Year 10 students demonstrated their commitment to community service through their volunteer work with Age UK Enfield. Their dedication and compassion were truly commendable. Additionally, the Student Leadership team took part in the British Youth Council, organising and managing the campaign and voting process across the academy. This initiative encouraged civic engagement and leadership among our students.

As we look back on this remarkable year, we celebrate the diverse opportunities that have enriched our students' education and personal development. Here's to another year of growth, learning, and memorable experiences.

Mr Barzey
Headteacher



*Keep up-to-date with
upcoming events at HHA*



Upcoming Events

Friday, 12th July: Sports Day

Friday, 19th July: Trip Day

Thursday, 24th July: Last day of the term

29th July - 2nd August: Year 6 Summer School

Monday, 2nd September: INSET Day

Tuesday, 3rd September: INSET Day

Wednesday, 4th September: Years 7 and 12 in school

Thursday, 5th September: Years 7, 11,12, 13 in school

Friday, 6th September: All students in school

SAVE

the DATE

Sports day

- Friday, 12th July

End of Year

- Wednesday, 24th July

Year 6 Summer School

- 29th July - 2nd August

First day of term

- Wednesday 4th September -
year 7 and 12 ONLY

Annual Cultural Evening and Art Exhibition: A Resounding Success

Despite the rain, our annual Cultural Evening and Art Exhibition last Friday was a wonderful celebration of diversity and community spirit. The turnout of parents and students was truly commendable, and the event was filled with the vibrant sights, sounds, and flavours of cultures from around the world.

One of the highlights of the evening was the array of cultural dishes, each representing a different country. These dishes, prepared and cooked by dedicated parents and teachers, offered a delicious journey around the globe right here at our school. From spicy curries to the classic Jollof rice, the culinary talents on display were nothing short of extraordinary.

Adding to the colourful tapestry of the evening, many attendees dressed in traditional attire that showcased their cultural heritage. Teachers and parents proudly represented their countries and ethnic backgrounds through beautiful, authentic costumes, creating a visual feast for all present.

The entertainment was equally impressive, with students and parents enthusiastically participating in traditional dances. The joyous atmosphere was further enhanced by the enchanting sounds of a steel pan, providing a lively musical backdrop to the festivities.

In addition to the cultural celebration, we also hosted an art exhibition featuring remarkable artwork from our GCSE students as well as impressive pieces from other year groups. The talent and creativity of our students were on full display, earning admiration and praise from all attendees

Our Cultural Evening and Art Exhibition not only celebrated our diverse community but also showcased the artistic talents of our students, strengthening the bonds between parents, students, and teachers. A heartfelt thank you to everyone who braved the weather and contributed to making this event a memorable success. We look forward to next year's celebration and the continued sharing of our rich cultural heritage.



SPORTS DAY

Date: Friday, 12th July 2024

Time: 8.30am – 2.00pm (approx.)

**Location: Lee Valley Athletics Centre, Meridian Way,
Edmonton, N9 0AR (opposite the Odeon Complex)**



Important Information for Parents and Students

Arrival

All students are expected to arrive at the Lee Valley Athletics Centre by 8.30am. Please ensure timely arrival to ensure a smooth start to the day's events.

Directions:

- By Bus: Take the W8 bus route from Edmonton Green directly to the Complex.
- By Car from Ponders End: Travel down Nags Head Road, take the 3rd exit at the roundabout onto Meridian Way. The Lee Valley Complex is the 3rd left.
- By Car from Montague Road: Turn onto Pickets Lock Lane, turn right at the lights onto Meridian Way, and then right into the Lee Valley Complex. The Athletics Centre is on the right-hand side.
- Walking from Ponders End Tesco: Walk down Nags Head Road, turn right onto Meridian Way at the roundabout, and walk towards the complex on the left-hand side.

Expectations and Requirements

Dress Code:

- All students must wear their Heron Hall PE kit or the colour allocated to their Tutor Group (see below).
- Girls are not permitted to wear tight leggings, tight shorts, or crop tops. Clothing must be appropriately worn; otherwise, students will be returned to school.

SPORTS DAY ...cont



Items to Bring:

- Seating: Students will need a towel or picnic blanket for sitting on the grass.
- Lunch and Fluids: Ensure your child brings a packed lunch and plenty of fluids for the day. Students receiving Free School Meals will be provided with a packed lunch on the day. Note that there are no facilities for students to purchase lunch at the Sports Centre.
- Sun Protection: A cap and sunscreen are highly recommended to protect against sun exposure.

Items NOT to Bring: NO MOBILE PHONES ALLOWED.

Schedule

- Registration: 8.30am. Students will be directed to their designated area and seated in form groups.
- Throughout the Day: Students must stay with their tutor groups, support their teammates during competitions, and maintain the best behaviour.

End of Day

- Approximate End Time: 2.00pm. Students will be released from the Athletics Centre around this time. Please arrange to pick them up or ensure they have a safe way to make their own way home.

Important Note: Spectators are not allowed at the event. This includes parents and relatives.

We look forward to a day of fun, sportsmanship, and team spirit.

Thank you for your cooperation and support.

REFLECTIONS ON OUR ROBOTICS TEAM'S THRILLING COMPETITION

On the 24th June 2024, the final round of the annual robotics competition was held at St Edmund's College, Ware, Hertfordshire. This prestigious event saw the participation of 16 teams from various schools, each demonstrating their prowess in robotics engineering, programming, and teamwork. This year's competition featured challenges that tested the robots' abilities in navigation, problem-solving, and task execution under time constraints.



We are proud to announce that our students achieved an outstanding second place in the competition. This is a significant accomplishment considering the level of talent and ingenuity displayed by all participating teams. Our students' dedication, teamwork, and innovative approach truly set them apart.



The students prepared rigorously for the competition, dedicating numerous lunch time and hours after school to refine their robots. They created robust and efficient robots capable of handling complex tasks and planned different strategies to tackle the various challenges presented in the competition. Their preparation paid off, as demonstrated by their impressive performance in the preliminary rounds leading up to the finals. The competition involved five challenging rounds, testing the capabilities and resilience of each team. During the first round, our team started strong, executing their tasks with precision and speed, which positioned them among the top contenders.



The round 2 saw them building on their initial success, the team maintained their momentum, demonstrating excellent problem-solving skills and effective teamwork.

REFLECTIONS ON OUR ROBOTICS TEAM'S THRILLING COMPETITION.....CONT

The synergy among the team members was evident in their smooth execution and problem-solving approach. Our team showed strong leadership and strategic planning, maintaining their lead through most of the competition.

However, the final seconds of the competition highlighted the importance of time management. Future strategies should focus on maximizing efficiency, especially in the closing moments of each round. While the team handled pressure admirably, additional training on high-stress scenarios could further improve performance of our students under critical conditions. This year final robotics competition was a thrilling and educational experience for our students.

Their **second-place** finish, achieved by a narrow margin, is a testament to their hard work, skill, and determination. While celebrating this achievement, we also recognize the valuable lessons learned and look forward to future competitions with the aim of reaching even greater heights.



HERON HALL FOOD BANK: SUPPORTING FAMILIES IN NEED

Through the dedication and generosity of our school community, we have expanded our storage facilities to accommodate a wider range of dried food goods, allowing us to provide assistance to more families in need.

The Heron Hall's Food Bank is centrally organized and operated from the main school office. However, we are especially proud to introduce a group of Year 9 student leaders who have taken on key responsibilities to ensure the smooth running of the food bank such as:

- Regular stock takes
- Organise for donations to be collected
- Keep the food bank stocked up with on date items
- Keep storage space clean and tidy.

We understand that times may be challenging for some families, and we want to assure you that support is available. If you believe that you could benefit from the services of the Heron Hall Food Bank, please do not hesitate to reach out to the school office. Your privacy and dignity will be respected, and all requests for assistance will be handled with care and confidentiality.



HHA PTA ONLINE PRELOVED UNIFORM SHOP....COMING SOON

We are excited to announce the upcoming launch of the Heron Hall Academy Online Preloved Uniform Shop, an initiative aimed at providing a convenient and sustainable solution for uniform needs within our school community.



The launch of the Online Preloved Uniform Shop aligns with our commitment to fostering a culture of sustainability and resourcefulness at Heron Hall Academy. It also reflects our dedication to supporting families by providing practical solutions to everyday needs.

In the meantime, you can purchase uniform by emailing the office at: Heron@northstartrust.org.uk

Preloved Uniform Item	Price
Blazer	£10
Jumper	£5
Shirt	£5

HELP US WIN £1,000 FOR OUR LIBRARY!



Nominate us at
nationalbooktokens.com/schools-prize
and you could win a £100 gift card!



In association with



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#rebuildthelibrary

JOIN US FOR 70+ ACTIVITIES OVER THE SUMMER



REGISTER TODAY

FROM
Start
TO
Finish

SUMMER UNI 2024
FREE ACTIVITIES FOR YOUNG PEOPLE AGED 11-19 (UP TO 25 SEND) IN ENFIELD

WED 24 JULY - FRI 23 AUGUST

OUR EUROPEAN JOURNEY CELEBRATING HOST COUNTRIES OF THE OLYMPICS & EURO FOOTBALL CHAMPIONSHIPS

 @Youth_Enfield #supportingyoungenfield

Email: SUregistration@enfield.gov.uk

Register now: www.youthenfield.taptab.co.uk/summeruni24





TUNE UP! DOUBLE BASS

ENFIELD MUSIC SERVICE

To encourage more pupils to learn to play the Double Bass, Enfield Music Service are offering new pupils fully funded lessons for the Spring and Summer terms at our after-school centre. Parents/carers only need to pay for instrument hire (£40 per term) until September 2024.

We're running taster sessions on **Monday 29th January** for pupils to find out more about the instrument and try playing one to see if they'd like to learn:

For primary school pupils in Years 4, 5 or 6

4:30 - 5:00pm

5:00 - 5:30pm

For secondary school pupils

5:30 - 6:00pm

6:00 - 6:30pm

Sessions will take place at
Enfield County Lower School
Rosemary Avenue, EN2 0SP

To book a spot, please email
robert.domingue@enfield.gov.uk



SUMMER EVENTS



Summer Uni 2024 is back bigger and better

From start to finish, we are bringing the Olympic spirit to Enfield! Make the most of the summer break and join us for an array of fun and positive activities tailored for young people aged 11 to 19 or up to the age of 25 for people with SEND, who live, work or study in Enfield. With over 70 activities and courses throughout the summer, there's no doubt you'll find something that suits you. [Register online today](#) and start booking. Courses are available on a first-come first-served basis, so don't miss out.



Active Enfield's summer holiday programme revealed

The school summer holidays in Enfield are fast approaching, so it's time to start planning how to keep your kids and teenagers entertained. The good news is Active Enfield has just released their summer programme of activities aimed at children, teenagers and families which includes gymnastics, trampolining and yoga in the park. Young people can also take part in badminton, skateboarding, boxing in the park and golf for girls. The programme runs from 22 July to 24 August. [Visit the Active Enfield website to book places and to find out more.](#)

Early Help Directory

Welcome to 'Enfield's Early Help Directory 4 All' This directory brings together local and national services to support children, families, community members and practitioners.

 Early Help Directory

SUMMER EVENTS



Free arts and cultural activities at Festival of the Lea

Bloqs is hosting the Festival of the Lea on Saturday 13 July with a variety of free arts and cultural activities on offer. The festival is celebrating Enfield's integral waterway, the River Lea, by transforming a stretch of the canal from Chalk Bridge to the North Circular Bridge with artistic interventions. The Festival of the Lea is an artist and community-led cultural festival jointly produced by Canal and River Trust project Hinterlands Enfield and Bloqs. You can find out all the details of what's on offer on the [Festival of the Lea website](#).



Find your dream job at the Enfield Recruitment Day

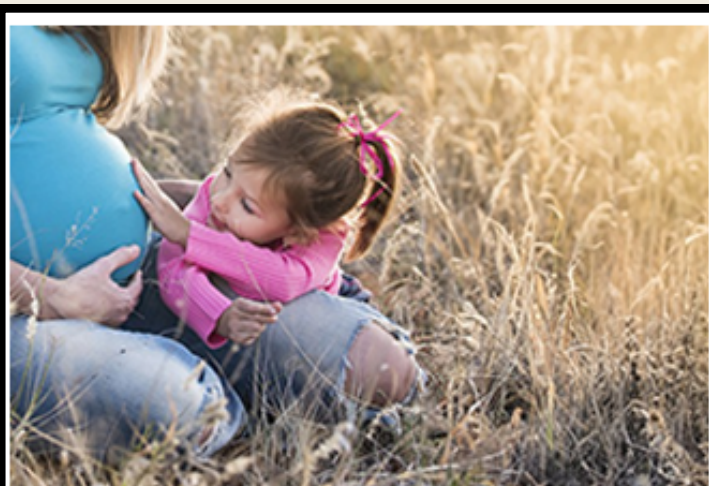
The Enfield Recruitment Day returns on 11 July at Southbury Leisure Centre and provides a fantastic opportunity to connect with top employers and explore exciting job prospects. A wide range of industries will be represented including healthcare providers, construction companies and blue light services. [Advance tickets have sold out but you can walk in between 12pm to 1pm](#). So if you're leaving education this summer and are thinking about your next steps, come along!

Early Help Directory

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 Early Help Directory

SUMMER EVENTS



Free courses to support positive parenting and relationships

We've partnered with the Solihull Approach to offer free access to expertly designed online courses to help parents, carers and professionals understand children's development and behaviour. The courses offer practical tips and strategies to support positive parenting and enhance relationships. These courses can help you develop new skills and gain advantages, whether you are a parent, a grandparent, a foster carer, or a professional who works with children and families. [Access the courses for free online](#) at any time and complete them at your own pace.

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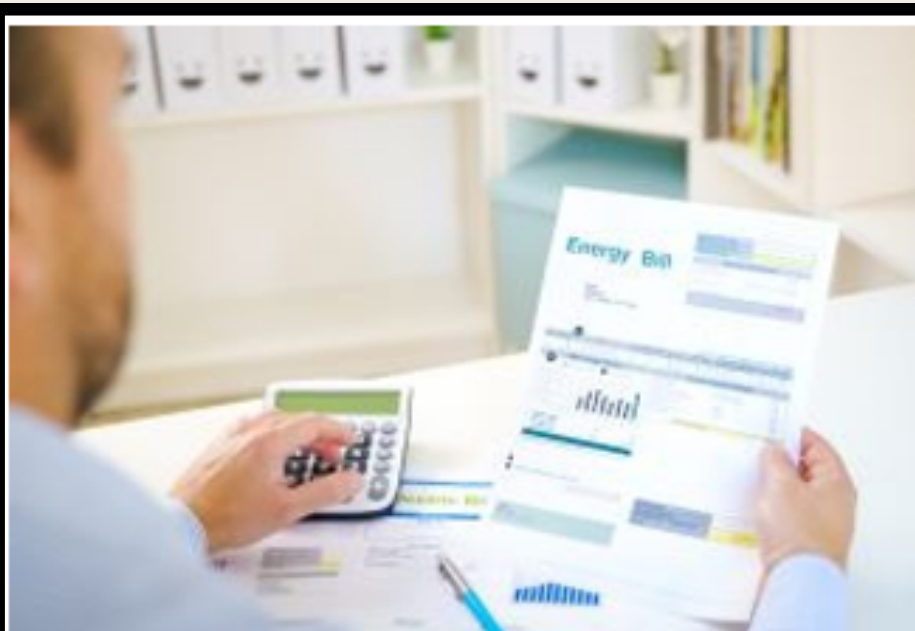
 Early Help Directory



Splashing into summer

If you're looking to keep your children entertained during the summer holidays then we have plenty of activities on offer at our Southbury Leisure Centre. Why not take on the aqua splash challenge? Aqua splash is an exciting, inflatable obstacle course laid out in the swimming pool. Dive, climb and make your way across the fun and exciting course. Sessions start from 24 July and you must be at least 8 years old to take part. Swimming is a great way to keep children fit and healthy whilst having lots of fun, [so book your space online today.](#)

FINANCIAL HELP



Extension to Household Support Fund announced

A six-month extension to the Household Support Fund (HSF) has been confirmed by the government in the Spring Budget. More than 170 councils in England had called for the Chancellor of the Exchequer to extend the household support fund which was due to cease at the end of March, including Enfield Council. Enfield Council was concerned that without the HSF extension, families risked falling into crisis, homelessness, and poverty. Information on how the HSF works and the eligibility criteria can be found [on Enfield Council's website](#), which will be updated as more information is confirmed.



Young People Categories: Activities & Clubs

There are many different types of activities and clubs that can provide a fun outlet whilst helping expand your social network and build your confidence. Being part of a club not only helps you make...

[Early Help Directory](#)

Urgent mental health support - 24/7 crisis lines

Every mental health trust in London has put in place a **24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder (link below) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>



Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
South West London	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590

shout
85258

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required
Text "SHOUT" to 85258 or [visit Shout Crisis Text Line](#)

SAMARITANS

Samaritans 24/7 365 days a year - they are here to listen and provide support
Call: 116 123 or email: jo@samaritans.org

Crisis Tools

Crisis Tools helps professionals support young people in crisis - short accessible video guides and text resources
Sign up for free resources [here](#)

PAPYRUS
ASSOCIATION OF YOUNG EXPERTS

Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person
Call: 0800 068 41 41 or Text: 07860 039967 (opening hours 9am to midnight - 365 days a year)

childline

ONLINE, ON THE PHONE, ANYTIME

Childline confidential telephone counselling service for any child with a problem
Call: 0800 1111 anytime or [online chat with a counsellor](#)

Urgent and other support available

Good Thinking

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps

THE MIX
Essential support for under 25s

The Mix provides free, confidential support for young people under 25
Call: 0808 808 4994 (11am - 11pm every day) or [Email](#)

Beat
Eating Disorders

Beat provide support to help young people who may be struggling with an eating problem or an eating disorder
Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am - 8pm during the week and 4pm - 8pm on weekends and bank holidays)

kooth

Kooth is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine