



STRIVE Values at Heron Hall

How Do Our STRIVE Values Enhance Learning and Prepare Students for the Future?

What are the STRIVE Values?

The most important reason that you come to school is to develop your academic performance and prepare for the exams that you will take at the end of your time with us. However, it is not the only reason why school is an important place and one of the key pillars of education at Heron Hall is to develop you as a well-rounded citizen who we can have confidence that you will go out and be successful in every aspect of your life outside of school.

The STRIVE Values are the 6 core characteristics that we want students to develop at Heron Hall. They are the fundamental principles that underpin our vision and ethos across the academic and cultural development. It is therefore important that you understand what these values are, how they care embedded within the school and how you can help to support with the development of these character traits.

The 6 core STRIVE Values are:

Supportive – I help my peers and my teachers

Tolerant – I respect other people's differences

Resilient – I never give up when it's tough

Integrity – I do the right thing all of the time

Visionary – I aim higher and further

Excellence – I never settle for less than my best

The STRIVE values are broken down further into 24 strands. These are further character traits that someone who shows each of the STRIVE values might embody.



Value #1: Being Supportive

How will a student show this value?

A student who is supportive will demonstrate this in a number of ways. They might be someone who helps their class teacher hand out exercise books every lesson or they might be someone who helps the other students in their class with their learning. Many of our students help to support the school at open evening or by joining one of the extracurricular clubs that we have on offer at the school. Some students show support by becoming a peer mentor or an anti-bullying ambassador. Many students will be involved in sports or team activities and this requires students to have a high level of support for their team mates. A successful team is unable to function without each member being supportive of the others.

Why is it important for my child to show this?

Students who are supportive of each other are more likely to demonstrate the other values of tolerance, be empathetic and be able to respect themselves and others. Being supportive of other people and taking part in active listening is a key skill for students to develop. We find that students who are supportive are less likely to find themselves in trouble with other students, less likely to fight or be involved in arguments and are better at interacting socially with their peers. In many areas of life students will have to work with other people – this might be in a job, a sports team or even just at home in the family. Being supportive is a way of investing in other people around you and getting them to invest in you. Students must be open and willing to accept the support of others and being supportive will encourage them to do this.

How could being supportive help in the future?

Students who are supportive show greater use of empathy which means that they can understand how a person is feeling and begin to understand the role that they play in how that person feels. Students who are supportive are more likely to be able to listen closely and show attention to detail in their work. This is important in all jobs and demonstrates to people that you care and want to understand about them — in jobs that involve customers this is vitally important. For students who want to go on to jobs such as teaching, medicine, law or journalism they need to be able to demonstrate a supportive nature in order to succeed in those roles.

What other traits might a supportive student show?

Collaboration: This is the ability to work well with others and might also be described as "team work". Students who are able to show support can understand the role that other people play in teams and be able to get the best out of each other and therefore themselves.

Kindness: This is the ability to be nice to other people! Students who show kindness will think of the feelings of other people, will consider how their actions impact on others and will try to minimise this. Students who are kind will also seek out opportunities to help their class mates and students through projects like peer mentoring – or just by checking if they are okay around the school.

Collaboration
Kindness
Listening
Patience

Listening: This is the ability to not only hear what people are saying but to understand the importance of it. This might mean that students pay close attention to detail, make eye contact when they are being spoken to, are able to repeat what has been said or to be able to link what someone is telling them to other events that have happened. Listening is the most important part of communication and students who have strong listening skills are able to communicate will with others.

Patience: This is the ability to take your time and work with other people. Not everyone that a student encounters at Heron Hall will work with them at the same level. It is therefore important that students are able to be patient, take their time and work with other people. Similarly, students might need patience when dealing with issues in the playground or around the school. Rather than simply jumping to a conclusion about an issue a student who shows patience will consider their actions and think through what they are doing.

Careers that require a supportive nature

Jobs that require any sort of caring element such as:

- Doctors, Nurses or health care professionals
- Teachers
- Care assistants in nursing homes
- Childminders or nursery workers

Jobs that require you to deal with the public such as:

- Police Officers
- Sales/Customer service roles
- Marketing

Jobs that require you to work with other people in teams such as:

- Management
- Social Media
- Sports or Entertainment industry roles

How can I help my child to be supportive?

One of the best ways to demonstrate being supportive is to help out around the house. Students who are engaged in work around the home or supporting their younger siblings are likely to be able to translate this to the school environment. Students who can show that they are able to work closely with others in teams are able to demonstrate this in school and in lessons. Encouraging them to engage in an after school club, enrichment project or team will help them to gain vital skills in being supportive to those around them. Having conversations around being empathetic and getting them to understand the feelings of others is also vitally important in helping them to develop their supportive nature.

Value #2: Being Tolerant

How will a student show this value?

A student who is tolerant will be understanding of the difference between themselves and their peers. Tolerant students appreciate the difference between them and their peers and know that not everyone is going to think and believe the same things that they do. They will be someone who engages in discussions and debates with their peers but appreciates the challenge of thinking differently to their classmates and encourages people to also think in a different way to them. It might be that they also show supportive characteristics and work hard to support their peers who are different. Tolerance also means that students avoid engaging in arguments with other students and do not engage in racist, sexist or other negative behaviour towards their peers.

Why is it important for my child to show this?

Students who are tolerant are more likely to also demonstrate the other values of being supportive and being resilient. It is important that students are able to see and appreciate the value in difference and that they see the worth in the unique nature of everyone they work and come into contact with at Heron Hall. Tolerance is a key skill for those students who avoid negative interaction with their peers while at school. If a student is able to be tolerant with others they will avoid negative behaviours on social media, appreciate their classmates and be less likely to get into arguments and confrontations at school. For students at Heron Hall they have to understand that they will meet and interact with people from different religious, cultural and family backgrounds and this is a reflection of life beyond school. To develop these skills now is important for our students.

How could being tolerant help in the future?

Students who are tolerant are more likely to be able to interact with people from different backgrounds and are able to show positive interaction with these people. This will be vitally important in the world of work as they will work with people from a range of different social, religious or cultural backgrounds and in many roles it is key to being successful in that role. For students who go into jobs that require interaction with customers or the public they will need to be able to understand the view and background of these people and be able to understand how to communicate with them. Students who show tolerance are more likely to be able to interact positively with customers and employers and will thrive in social environments. Students who are able to demonstrate tolerance of others are also more likely to work well in high pressured environments where other people's actions could be a negative trigger.

What other traits might a tolerant student show?

Openness: Students who are open are more willing to accept the ideas and thoughts of other people. This means that in working environments they will be able to see the viewpoint of others and collaborate far more closely and successfully. Students who are open

are also willing to challenge themselves and others rather than simply accepting that there is only one way to do or think about a particular issue or problem.

or problem.

Citizenship: Students who demonstrate citizenship understand the importance of being a good global and national citizen. They will consider

Openness Citizenship Empathy Listening the impact of their actions on others and the world around them and try to act in a way that has less of a negative impact on other people. They are more likely to respect the rights and opinions of others understanding that this is a key part of the values of living in the UK.

Empathy: Students who are empathetic understand the views of other people and try to put themselves in their shoes. They are able to see the world from different perspectives rather than just from their own point of view. These students are able to consider the impact of negative and intolerant actions on others and therefore avoid doing this.

Listening: Students who show good listening skills are able to consider the feelings of others when these are expressed to them. Students who listen show an ability to interpret the words of others and can hear the emotion and meaning within them. Students are able to understand when their own words and actions become intolerant by paying close attention to the detail of what they, and others, are saying in conversation and debate and good listeners avoid being clouded by emotion in discussion with others.

Careers that require a tolerant nature

Jobs that require interaction with a range of people:

- Shop workers / Customer service
- Law & Policing
- Journalism / Media
- Driving (e.g. taxi/buses/trains)

Jobs that require you to deal with high pressure environments:

- Finance / Banking
- Military services
- Managerial roles

Jobs that require you to work with other people in teams such as:

- Teaching
- Food / Retail Work

How can I help my child to be tolerant?

One of the best ways to demonstrate being tolerant is to encourage your student to respect others and their opinions. This is not about accepting their point of view but accepting that they have a right to have that point of view. Helping your student to interact with a range of different people by encouraging them to gain work experience or a job when they are old enough that allows them to interact with people from a range of different backgrounds will help them to understand how other people think and operate. Conversations about a range of different topics and encouraging students to watch and engage with the news and current events is also an important way of gaining tolerance by understanding how to think critically and independently about issues in the world around them.

Value #3: Being Resilient

How will a student show this value?

A student who is resilient will not give up on something even if that something is difficult, new or challenging. This might be shown by a student in their ability to bounce back from a grade or a mark that they are unhappy with or to be able to achieve a particularly difficult task that they have previously struggled with. A student who is resilient will be able to reflect on their own performance and be able to notice where they need to improve. These students will seek out help and ask their teacher in lessons for help and support and be able to use the resources around them to improve and achieve their goals. Students who are resilient will also be able to re-frame their failures in order to help them become future successes.

Why is it important for my child to show this?

Students who are resilient will be able to persevere with a task that they are not naturally good at in a way that allows them to develop and embed new skills. When students show resilience they are able to take feedback and use this feedback to adapt their practice to critically reflect the areas where they are expected to improve moving forwards. They will then begin to be able to reflect on their own development and start to understand how to improve their own performance and areas where they need to develop without needing to be told by other people. Students who are resilient will not make excuses for their behaviour and will not seek out reasons why they have underperformed or been unsuccessful but will look at this performance and find places to improve.

How could being resilient help in the future?

Students who are resilient are more likely to be able to handle jobs and careers where they have to push themselves beyond their comfort zones. Resilience is a key role in many jobs that require learning and development such as the handling of complex tasks or machinery and the need to be able to challenge and develop over time. A student who is resilient is also more likely to go on and engage with higher education due to the fact that they are willing to ask for help and support and are able to engage with their learning no matter the difficulty level. Students who are also resilient now are far more likely to develop the learning skills to be successful in higher education later in life enabling them to achieve greater success in the future. In most jobs students will not be asked to complete tasks that are consistently easy and if they are able to demonstrate hard work and determination they will be more likely to seek promotion.

What other traits might a resilient student show?

Motivation: Students who are motivated are far more likely to engage with tasks that are seen as challenging or difficult. These types of students are also more likely to be proactive in seeking out opportunities to further themselves, their studies or their career and looking at ways to constantly improve. Students who are able to visualise success are also more likely to be able achieve that success by understanding the importance of getting there. Motivation also helps students to have a "why" when things get difficult.

Motivation Independence Prioritising Organisation Independence: Students who demonstrate independence are able to work on their own more easily. This does not mean that they do not ask for help but that they are willing to seek out challenges and take them on. Students who are independent will look for ways to improve their performance and are less likely to follow their peers or take the easy way out. These are the types of students who are motivated by self and not others and therefore enjoy their own success.

Prioritising: Students who able to prioritise enjoy greater success in tasks due to the ability to understand the order in which a task should be done. They are less likely to forget part of a task and show forward thinking by being able to plan ahead and those who are skilled at this are even able to begin to see potential issues that may arise. These are students who understand the value of individual aspects of a task and can choose which bits to tackle first (e.g.in an exam).

Organisation: Students who are organised are more likely to be prepared. They are the students who revise thoroughly and complete work on time as well as being prepared for all eventualities and bringing the correct equipment to school. These are vitally important skills in order for a student to be able to be successful in the other areas of their studies. A student who is organised is unlikely to miss or forget part of a task.

Careers that require a resilient nature

Jobs that require complex problem solving:

- Engineers
- Managerial Roles
- Project Management
- Architecture

Jobs that require you to have patience:

- Finance / Banking
- Art or design jobs
- Care sector

Jobs that require you to be able to bounce back:

- Media / Film / TV
- Sports
- Fundraising

How can I help my child to be resilient?

By working with your student on problem solving will help them to be resilient in the future. Encouraging them to plan ahead when it comes to revision time or planning out how to complete their homework effectively. It is important to work with them on ensuring that they have routines and systems to bring the correct equipment to school and are able to arrive to school on time in the mornings. Sports, art and creative hobbies are also great ways to build resilience and character through being able to understand how to lose or be unsuccessful and how to achieve success from this position. It is also important that you are aware of where your child is struggling within school and using this as a position to help them with these areas and challenging them through conversations at home about how they are getting on in these areas.

Value #4: Showing Integrity

How will a student show this value?

A student who has integrity will understand the value of right and wrong and be able to articulate this. While a student who has integrity will not always make the right choices, and we fully expect all of our students to make mistakes when it comes to behaviour, they will show that when presented with the right choice they will chose to do so. Students who have integrity will also make the correct choices without being told to do so such as throwing litter in the bin, arriving to school on time, completing homework and working correctly in the classroom. Students who have integrity are unlikely to lie when asked about the mistakes they have made in regards to their behaviour and are also unlikely to interact negatively with their peers and more likely to also show supportive and tolerant behaviours in their interactions with others.

Why is it important for my child to show this?

Students who have integrity are able to interact better with other people and teachers due to the fact that the understand the importance of right and wrong actions. These are the students who are unlikely to show negative behaviours in lessons and therefore are more likely to engage with their learning, their homework and achieve higher grades in their subjects. It is also important that students demonstrate integrity in their timekeeping and arrive at school on time. As students get older at Heron Hall they are more likely to travel to school themselves and this presents opportunities to be late. A student who shows integrity will avoid this and be able to therefore benefit from their learning in the classroom more regularly. Students who have integrity respect authority and this is a crucial skill to learn in order to interact with others in the future.

How could having integrity help in the future?

Students who demonstrate integrity are able to prove that they can be trusted. This is vital when it comes to highly sensitive or important jobs that need people to work honestly and openly with other people, money or personal data. People who can demonstrate integrity are far more likely to get on with their colleagues and their bosses in the future and therefore more likely to hold down steady jobs and be successful in these jobs. Punctuality is a crucial part of work and students who understand this now are far less likely to struggle with time keeping when it comes to work in the future. Integrity is also vitally important with the shift towards home and remote working as students are likely to work in jobs where they may not be constantly monitored and they will therefore need to work independently, as they would if they progress to higher education, and those students who have integrity will be more successful at this.

What other traits might student with integrity show?

Honesty: Honesty is a crucial trait for all people. If a student is honest then they are demonstrating that they are able to be trusted. This is important for students who want to go into jobs where they are working with money or even roles where they work in trades or for themselves. If they are unable to provide customers with a service that is honest then they are unlikely to be able to maintain customers in their job.

Honesty Justice Citizenship Fairness **Justice:** Students who understand justice understand the importance of right and wrong. This means that they are less likely to carry out practices in jobs that are incorrect, inaccurate or even illegal. In life students will need to understand the importance of the law and what they are allowed and not allowed to do and a sense of justice will allow students to thrive. Learning this understanding now will mean that they do not make costly mistakes in the future.

Citizenship: Students who understand citizenship understand the rights and wrongs of the legal framework of the land and want to be good citizens. This includes an understanding that being a bad neighbour or littering in the local community has negative consequences for them and others. Citizenship is also about understanding that they need to help and support other people in the local community and are able to support others and volunteer to provide services and benefits to the people around them.

Fairness: Students who understand fairness understand the importance of treating others how they wish to be treated. Students are able to avoid bullying or interacting negatively and will challenge those in the community that they see behaving unfairly. Students understand that integrity is not just about behaving themselves but also seeking to be the change that they wish to see in the world around them.

Careers that require integrity

Jobs that require working with vulnerable people:

- Teaching
- Care work
- Nurses / Doctors
- Police Officers

Jobs that require you to work with money or sensitve data:

- Receptionists / Call Centre staff
- Lawyers
- Finance / Banking
- Retail

Jobs that require you to have a good reputation:

- Tradesman (e.g. carpenter; plumber; electrician)
- Shop / Business Owner
- Restaurant Owner / Chef

How can I help my child to be resilient?

Helping students to understand how to behave and act in society is vitally important. By having conversations around integrity, honesty and negative behaviour this will help students to know that it is not just a matter for in school. Understanding that in situations they need to act reflectively and not with emotion allows them to understand how to have integrity such as teaching students to avoid fighting back or arguing with others and learning to walk away. Similarly, supporting the school when students get it wrong and need to have a sanction help students to understand that their actions can, and do, have consequences. Finally, checking students social media accounts to ensure that they are behaving with integrity online as well as offline. By monitoring their behaviour online students will understand that integrity is not just for face to face interaction but also applies to the online world.

Value #5: Being A Visionary

How will a student show this value?

A student who is a visionary will be able to see the world, and the challenges it presents, in a different way to their peers. This might mean that they are excited by learning new challenges and seek out additional work or homework on particular projects or topics they are studying. Students who are visionary will likely be inquisitive and ask questions and want to understand how the world works, why things are the way that they are and focus on the causes behind an event or a discovery. They may be more practical and enjoy subjects like computer science or technology and want to get "hands on" with their discoveries but many visionary students are just as creative in other ways such as poetry, maths or debate. These are students who will seek out new challenges and problems and want to try and solve them or make the world work better.

Why is it important for my child to show this?

Students should not simply accept the world the way that it is. In a future that presents countless opportunities and ever changing possibilities the students of today need to be able to achieve things in jobs that don't exist with technology that has not been created yet. These are the challenges that face our students moving forwards and it is the excitement that the future brings. Students who are visionary are not happy accepting things the way that they are and they want to be improving, developing and understanding the reasons behind things and the effects that they have. For these students the world will present a whole range of opportunities. Visionaries are far more likely to challenge the status quo around social issues as well and will want to understand and support people less fortunate themselves.

How could being a visionary help in the future?

In any job that requires leading other people or demonstrating creativity or problem solving it is important to have a visionary nature. Students who are able to command and encourage others to follow them will be far more successful in leadership roles than those who have intelligence and experience but cannot engage other people. They are also more likely to work on their own or for themselves and this presents possibilities moving forwards in a world that is becoming far smaller with global trade and commerce and London being at the centre of that. Students who are visionary are more likely to be noticed than their peers and colleagues and are more likely to be enthusiastic and engaged about their role and what they are doing.

What other traits might a visionary student show?

Planning: While it is important to have that spark that provides a new invention or a new idea there is also a need to show planning and foresight. Students who can plan out their ideas and create a roadmap of how to achieve their dreams and goals are more likely to achieve them than those who cannot. The ability to plan and set out meaningful targets means that work is broken down and more manageable and students are far more likely to engage with it. Similarly it provides an opportunity to spot potential issues in the planning and rectify these before they are problematic.

Planning Risk Taking Curiosity Leadership **Risk Taking:** Students who take risks are more likely to make discoveries or create new ideas. These are students who will also need to show resilience however as risk taking comes, unsurprisingly, with risk attached. Students who are risk takers will want to try new things and not be disheartened or put off when that does not go to plan. For these students the world presents opportunities for the taking such as working abroad or setting up their own business while others are too scared.

Curiosity: Students who are curious want to understand how the world works. These are the people who might go into STEM (Science, Technology, Engineering & Maths) careers in the future and help to shape the world that we live in. They are students who ask questions and are not happy to simply be told that something happens that way because it is the way it is done. These are students who will show investigation and challenge those around them to find out more.

Leadership: Students who have leadership are able to successful in motivating others to do what they want them to do. Leaders are able to inspire other people and get them on board with their vision which might be difficult or challenging. Leadership also means the ability to work with a range of difference people and to understand how to interact with specific groups or individuals.

Careers that require a visionary nature

Jobs that require understanding or investigation:

- Engineers
- Medicine
- Scientific Research
- Law / Police Work

Jobs that require you to think differently:

- Art / Design
- Media / Film / TV
- Music Production

Jobs that require you to do something new:

- IT / Computer Programming
- STEM Careers
- Entrepeneurship

How can I help my child to be a visionary?

Helping to inspire creativity in students by encouraging them to see out new challenges and experiences through sports and the arts. Taking up a sport or engaging with team activities will help students to gain an understanding of individual sporting prowess within a wider team and they are great ways of developing leadership. Trips to art galleries and museums will engage student's curiosity and means that students want to try new things while helping them to see different and new experiences. Encouraging students to think about the world and engaging in discussions and debates on key issues will mean that they learn to think independently about the key issues around them and how best to tackle them. Encouraging them to read is vitally important and especially about key people in the areas that they are interested in.

Value #6: Being Excellent

How will a student show this value?

A student who is excellent will be the very best that they can be at something. This might be trying to secure a higher mark on each test that they do or challenging themselves to beat their target grade for that year. A student who is excellent will want to ensure that their books and work are completed to a high standard all of the time in order to show what they are capable of achieving. Students might also show excellence in a sporting or artistic capacity and are likely to engage with extracurricular clubs or provision and want to take on new challenges such as the Duke of Edinburgh award or the Student Leadership Award. Students who are showing excellence are likely to be well presented in their uniform every day and arrive to school on time wanting to learn.

Why is it important for my child to show this?

Students who show excellence are not satisfied with achieving second best or not doing as well as they can on a test. While this is not about always being better than everyone else it is important that students know when they are not living up to the potential that they have and achieving the standards that they are capable of. While every student at Heron Hall will be different and their ability and expected levels will reflect this the one consistent feature is that each student should achieve the results they are capable of getting. Excellence is a key feature of academic achievement and will mean that students can move on to the next step in their academic or work career – be that moving up a set in maths, getting on an apprenticeship at 16 or leaving us at 18 to go to a world class university. Each student should never fall below the expectations they set themselves.

How could being excellent help in the future?

Students who are able to show excellent are students who will also show resilience and are likely to be visionaries. These combined characteristics make for employees who will be successful in almost any role that they are asked to fill. Students who want to achieve excellence know their own levels and want to achieve them and this will be recognised in their careers through their hard work and dedication as well as the results that they achieve. Excellent academic results will help students to move on from Heron Hall onto the next stage in their career journey which might be leaving us at 16 to or it might be staying on in Sixth Form and leaving us to go to university. If a student has strong academic performance behind them then they will be far more likely to move on to successful things when they leave us. With each year it becomes a more competitive job market and this means that students need to always display the best that they can be.

What other traits might an excellent student show?

Imitating: Students who want to be excellent will imitate others. In lessons they will look at the examples set by their teachers through sentence starters and exam frameworks and learn how to use these. They will talk to their peers and those who are achieving above them and ask questions about how to be able to achieve at the same level. These students will take ownership of their own learning and be able to seek out ways to constantly better themselves by benefiting from the success and learning of others.

Imitating Courage Questioning Creativity Courage: Students who show courage are willing to push themselves beyond their comfort zone. While some students are happy aiming for a certain grade or to simply coast at a comfortable level these students will push themselves further and dare to achieve. While they might not always get to the level that they are targeting the willingness to try and push themselves further will mean that in the future they are able to motivate themselves to aim higher.

Questioning: Students who are able to demonstrate this skill will be able to find out how to succeed. Students who ask questions of their teachers and their peers are more likely to find that they succeed. When students are given grades or feedback a student who questions will ask how to get to the next level or how to achieve more marks on a certain question. Rather than being satisfied they will constantly ask others how to improve.

Creativity: Students who are excellent in certain aspects may also be creative. These students might demonstrate excellence in music or drama and be able to showcase their creative talents in this way. It may be that their excellence comes through in poetry, written language or even patterns and numbers in maths. While not all students who are excellent will be creative they will be able to think creatively about problem solving and solutions to complete and difficult problems.

Careers that require excellence

Pretty much any job! There are very few jobs that students will be able to get that mean that they can do less than their best. Some good examples where excellence would be needed could be:

Jobs that require excellent knowledge or understanding:

- Medicine
- Teaching
- Law
- Business

Jobs that require you to show creative excellence:

- Art / Design
- Media / Film / TV
- Chef / Cooking
- Gardening / Outdoor Design

Jobs that require you to have excellent skills:

- Driving jobs
- Accountancy / Finance Jobs
- IT / Programming

How can I help my child to be resilient?

Engaging with your student on their studies and how they are doing is a crucial way of encouraging them to be excellent. Reading their reports and understanding where the gaps in their learning are and encouraging them to work with you on their learning. Helping them to challenge themselves outside of school such as in a sports team or a hobby where they have to push themselves or encouraging them to attend an extra-curricular club. Discussing their future with them and the next steps in their career plan in order to ensure that they have the grades and skills required to do this and where necessary things like seeking out work experience for them or opportunities to test their career plans.

Places of Interest in London & Locally

Museums (All Free Entry)

The British Museum (Closest Tube is Tottenham Court Road)

The Victoria & Albert Museum (Closest Tube is South Kensington)

The Science Museum (Closest Tube is South Kensington)

The Natural History Museum (Closest Tube is South Kensington)

Imperial War Museum (Closest Tube is Elephant & Castle/Lambeth North)

Art Galleries (All Free Entry)

Tate Modern (Closest Tube is Blackfriars)

Tate Britain (Closest Tube is Pimlico)

National Portrait Gallery (Closest Tube is Charing Cross Station)

Whitechapel Art Gallery (Closest Tube is Aldgate East)

London Theatres

https://officiallondontheatre.com/theatre-tickets/

Places of Interest in or near Enfield

Epping Forest

Forty Hall & Trent Park

Enfield Museum (in Enfield Town Centre)

Myddleton House Gardens

Royal Small Arms Factory Museum (Enfield Lock)

Clubs in Enfield

Enfield Music Services - https://traded.enfield.gov.uk/musicstore

Enfield Police Cadets - https://vpc.police.uk/

Edmonton Eagles Boxing Club - http://www.edmontoneaglesabc.com/

Enfield Scorpions Basketball Club - https://enfieldscorpions.wordpress.com/

Regular updates on free events in London: https://www.visitlondon.com/things-to-do/whats-on/free-events-in-london